

Creamy Spirulina Pudding Luscious Groat Juice Firm & Fabulous: Teff Muffins

Selling
Veganism to
the Mainstream, p.42

VegNews

VeganMOLDSPORESMOSSDIRTFUZZ

THE MOLD ISSUE

HOW TO
Tell Friends
You've Been
Fermenting

When Kombucha
Goes Bad p.32



Your New
PANTRY
STAPLE
(Psst... it's mold!)



Why You
Should
NEVER
Wear
Deodorant
Again

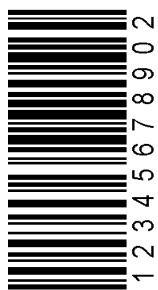
**Vegan
Foodie Tour!
YUKON
TERRITORY**
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Party
starts
here!

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Single-
Ingredient
Meals:
MILLET

\$5.99 US
\$6.99 Canada
April 2013



7 GLUTEN-FREE, SUGAR-FREE, FAT-FREE, SOY-FREE, OIL-FREE, PALM-FREE, SALT-FREE, GMO-FREE,
SESAME-FREE, NUT-FREE, CRUELTY-FREE, GRAIN-FREE, CAFFEINE-FREE, CARB-FREE, COCONUT-FREE