

VegNews

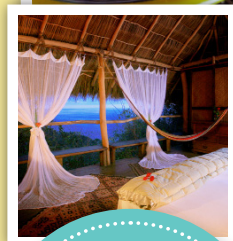
Vegan Yoga Retreat to Mexico

November 24–December 1, 2012

If you've been searching for a blissful getaway filled with yoga, organic vegan food, and stunning natural surroundings, this is the vacation for you. Join VegNews and renowned yoga instructor Jasmine Tarkeshi for 8 days of ultimate relaxation in the tropical paradise of *Mexico*.

Trip Highlights Include:

- Stay at a luxurious eco resort in the jungle
- Take two yoga classes every day
- Enjoy incredible local vegan cuisine
- Sip homemade aguas frescas
- Take a vegan cooking class
- Savor a sunrise meditation
- Take guided hikes along the Pacific Ocean
- Linger over three-course candlelit dinners
- Join in scintillating evening fireside chats
- Relax by a bonfire roasting vegan s'mores
- Spend lazy afternoons on the beach
- Feel nourished by the soothing surroundings
- Receive a private yoga session
- Get a massage or facial at the oceanfront spa



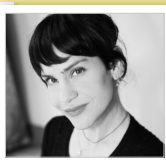
Your Trip Hosts:



Colleen Holland
VegNews



Elizabeth Castoria
VegNews



Jasmine Tarkeshi
Laughing Lotus

Starts at
\$1,495
per person

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