

Holiday Shopping Guide

Back again and better than ever, our 2012 Holiday Gift Guide is loaded with tasty, practical, and festive holiday gift-giving ideas for your family, friends, and animal companions. From beautiful baubles and fashion-forward footwear to cruelty-free bodycare and fair-trade chocolate, this season's guide is packed with more green, compassionate options than ever before. Happy shopping!

FASHION

Yup. It's Vegan.

MooShoes proudly offers the largest variety of vegan shoes and accessories in the world. Browse hundreds of men's and women's shoes, bags, purses, belts, jackets, and other fun stuff. Everything MooShoes carries is 100% cruelty-free, so you can shop guilt-free!

••• mooshoes.com
••• 866-598-3426



FOOD

Vegan Candy Bars? Yes, Please! Now Six Flavors Strong

Combine great taste and good sense, sweeten with compassion, and what have you got? A Go Max Go candy bar! The perfect all-natural, dairy-free, and vegan versions of old-timey favorites, these chocolatey, nougaty, caramely, peanutty, almondy, coconutty, crunchy indulgences are sure to satisfy your sweet tooth. Every flavor is made with their signature rice-milk chocolate coating. Light and lovely, it makes dairy-milk chocolate positively passé. Share the love this season with Go Max Go candy bars.

••• gomaxgofoods.com





WINE

Vegan Wine for the Holidays

This holiday season, share a bottle of vegan-friendly organic wine from Frey Vineyards, made by vegetarian winemaker Paul Frey. Its selection of award-winning varietals are made without added sulfites and no animal by-products. Join the wine club for special discounts!

❖ freywine.com/wineclub
❖ 800-760-3739



FASHION

Stylish, Sexy, & Animal Friendly

Alternative Outfitters offers the largest selection of fashionable leather alternatives and cruelty-free products for men and women. And its vegan shoes, bags, belts, wallets, wool-free coats, faux leather jackets, and other accessories make fabulous gifts. Gift certificates are available and make great last minute gifts—you can even print certificates right from your computer! Enjoy free shipping on US orders over \$100, and AO always ships worldwide. Shop online or in person at AO's showroom in Pasadena, CA.

❖ alternativeoutfitters.com



VEGNEWS DEAL:

Use coupon code "15vegnews" for 15% off your entire order (not including shipping) by December 31

FOOD

Freezer to Plate in 20 Minutes

Searching for the perfect holiday appetizer? StarLite Cuisine's Taquitos and Rolled Tacos are natural and deliciously vegan—plus the Taquitos are gluten-free! Impress your guests by using one of StarLite's tasty recipes or simply serve them on their own with your favorite dip.

❖ starlitecuisine.com



FOOD

Enjoy More of Native Foods This Holiday Season

'Tis the season for good eating, and no one feeds you better than Native Foods Café. Now with 12 locations nationwide, dine at one of its friendly establishments, order the wildly popular, newly reformulated Native Wellington for your holiday table (a savory puff pastry centerpiece filled with homemade seitan and roasted vegetables available November 21–December 24), or purchase a Native Foods Gift Card for friends and family (and get 20% more in dining dollars). Count on Native Foods to keep you well-fed and healthy this holiday season!

❖ nativefoods.com

VEGNEWS DEAL:

Receive bonus \$20 (and free shipping) with every \$100 Native Foods Gift Card purchased online by December 24



WINE

You Shop. We Ship.

If you aren't sure if your wine is vegan, it may have been processed with fish guts, shrimp shells, eggs, dairy, or bovine tissue. At Vegan Sommeliér, great vegan wines at great prices are shipped directly to you—all you have to do is relax and enjoy. Its wines are 100% cruelty-free and made naturally, crafted to retain the character of the environment in which they're grown. You're not just giving a vegan wine, but an excellent wine!

➤ vegansommelier.com



FOOD

Discover the Best Vegan Products

There are always new vegan and vegetarian products popping up—but how do you know if they're any good? Conscious Box is a great way to try before you buy. With a box full of the best products delivered monthly, you'll always discover new favorites!

➤ consciousbox.com



FOOD

The Perfect Holiday Vegan Meal!

Share some goodness and love during the holidays with Gardein's deliciously meat-free turk'y choices. Treat yourself to the individual Savory Stuffed Turk'y or enjoy the new Holiday Roast with family and friends. The traditional stuffing with cranberries and the generous portion of homestyle vegan gravy makes these meals extra-memorable. So indulge and go for seconds—all deliciously guilt-free!

➤ gardein.com



FOOD

A Delicious Vegan Stocking Stuffer

Are you crazy for coconut and passionate for peanut butter? Earth Balance has brought them together in its Coconut & Peanut Spread. Natural peanut butter and organic extra virgin coconut oil combine to make a mouthwatering spread that is great on toast, in stir-fries, or in smoothies!

➤ earthbalancenatural.com





FOOD

Baking, Grilling, & Barbecuing Flavor Enhancers

Spud Spikes Potato Seasoning comes in three great flavors—**Pepper, Original, and Garlic**. Enjoy delicious crispy baked potato skins; savory corn on the cob, salads, and pasta dishes; and zesty steamed and grilled vegetables—without MSG or artificial flavors or colors. Spud Spikes and seasonings make a great gift!

➤ spudspikes.com
➤ 877-378-0065



FOOD

Gourmet Vegan Confections for Everyone on Your List

Impressive giving is easy with the delectable desserts and applauded service from **Allison's Gourmet**, the award-winning bakery, confectionery, and chocolaterie.

In just a few moments on their easy-to-use website, stunningly packaged and decadently delicious sweets will arrive promptly at your recipient's home or office. From Monthly Clubs to elegant Gift Baskets, you can feel confident that your gift will be so appreciated you'll be thought of blissfully with every bite. Allison's is always vegan, organic, and fair-trade.

➤ allisonsgourmet.com

VEGNEWS DEAL:

Use coupon code "VN12"
for free gift wrap by December 15



WINE

Drink Vegan This Holiday Season

Enjoy and share **The Vegan Vine** this holiday—purveyors of great wines without any animal products. Certified Sustainable by the California Sustainable Winegrowing Alliance and Certified Vegan by Vegan Action, varieties such as Chardonnay, Sauvignon Blanc, Cabernet Sauvignon, and a red wine blend are all available.

➤ theveganvine.com
➤ 800-ITS-WINE



FOOD

From Their Table to Yours

Field Roast has been making delightful vegetarian roasts since 1997 from grains, vegetables, fruits, and spices. Their **Hazelnut Cranberry Roast En Croute** is made exclusively for the holidays: rich, hazelnut-infused vegetarian grain meat stuffed with Field Roast sausage, crystallized ginger, cranberries, and apples, all wrapped in a savory vegan puff pastry. Their **Celebration Roast** is stuffed with fresh-cut butternut squash, mushrooms, and Granny Smith apples, then surrounded with a luxuriant grain meat and seasoned with rubbed sage, garlic, and lemon juice.

➤ fieldroast.com
➤ 206-762-5961



FOOD

Delectable Holiday Chocolates

Give Sjaak's vegan chocolates to everyone you know this holiday season. Stuff their stockings with Eli's Earth Candy Bars, decadent caramels, creams, and chocolate bars. Serve a platter of chocolate-orange truffles, chewy cherry caramels, crunchy English toffee, or chocolate-covered hazelnuts. Sjaak's always offers an amazing array of gift boxes and holiday packaging, and all of its products are certified organic and fair trade.

➤ sjaaks.com
➤ 707-775-2434

VEGNEWS DEAL:

Use coupon code "Veg1215" for 15% off your entire order through December 15



PETS

Treat Your Best Friend to V-dog

V-dog has a new formula that is completely free of wheat, corn, soy, gluten, and GMOs—plus 24 percent protein for a dog to thrive. And your pup will love V-dog's new vegan Breath Bones with its delightful cinnamon flavor for kissable breath.

➤ v-dogfood.com
➤ 888-280-8364



FOOD

Make them Merry with Vegan, Gluten-Free Macaroons!

Finally, taste and health coexist! Feed your loved ones royally with Hail Merry's luxurious, delectable, melt-in-your-mouth macaroons. Made with organic raw virgin coconut oil, this comfort food has health benefits while being vegan, gluten-free, and guilt-free. A perfect alternative to carb-heavy holiday treats, these little morsels of coconut goodness leave you feeling light, energized, and satisfied. Their mixed case of macaroons features four bags of Blonde Macaroons and four bags of Choco Macaroons for \$39.99. Gift and enjoy!

➤ hailmerry.com
➤ 877-455-4046

VEGNEWS DEAL:

Use coupon code "HOLIDAY2012" for free shipping plus a free 1.75-ounce bag of Vanilla Maple Almonds



BODYCARE

'Tis the Season for Sparklehearts

TSA-approved Sparklehearts Naturally Fab Gift Set is the perfect present to give or get. The pretty package comes fully stocked with four of their all-natural and animal friendly favorites: Shine Shampoo, Soft Conditioner, Bubbling Blooms Body Wash, and Sweet Hearts Shimmer Lotion.

➤ sparklehearts.com
➤ 714-397-9291





FASHION

100% Vegan Eco-Friendly Fashion

Ecolissa.com carries only fashionable eco-friendly and 100% vegan clothing and accessories. Check out its gorgeous vegan sweaters, coats, hats, scarves, gloves, and more. Gift certificates make the perfect holiday gift!

❖❖❖ ecolissa.com



FOOD

The Unique Green Gift That Promotes Healthy Eating

Tofu's never tasted better than with this versatile, gourmet tool. TofuXpress is an easy-to-use device that removes excess water from tofu, allowing incredible flavor to seep in when marinating. Make easy, healthy meals for less—and no more plates, weights, or paper towels to drain your tofu. TofuXpress is also used to press other foods, such as sliced eggplant, chopped spinach, fresh tomatoes, chopped onions, and peppers. Visit the website for amazing recipes and to watch a video on how to use the TofuXpress!

❖❖❖ tofuexpress.com
❖❖❖ 215-609-4202

VEGNEWS DEAL:

Use coupon code "VNHGG12" for special holiday pricing by December 31



FASHION

Genuine Non-Leather Belts

Cows across the globe are in love with Truth belts. They look and feel like real leather and will fool anyone. These belts are made in Canada out of 100% animal-friendly materials. Don't miss the cute dog collars and leashes!

❖❖❖ vegetarianbelts.com
❖❖❖ 416-778-1597



FOOD

Great Gift Idea: Grow-Your-Own Mushroom Garden

Grow up to 1½ pounds of gourmet oyster mushrooms right out of a little brown box. The soil inside is recycled coffee grounds—simply mist twice a day, and harvest your first crop in 10 days. Even the cardboard packaging is made with tomato, basil, and kale seeds, so when you've harvested your mushrooms, plant the box. Each box grows multiple crops, works year-round indoors or outdoors, and lasts for months before you start it. At \$19.95, it's a great gift for friends and family.

❖❖❖ backtotheroots.com
❖❖❖ 510-922-9758

VEGNEWS DEAL:

Use coupon code "VegNewsMushrooms" for 10% off plus free shipping when you buy 2 or more



BODYCARE

Healthy Chick: Girl Power, Inside and Out at Any Age

Founded by Naturopath Kim Sheridan, Healthy Chick offers the highest quality cruelty-free, non-toxic, non-GMO, organic/wild-crafted skincare, haircare, and nutritional products. Vegan for more than 25 years, Kim's Healthy Chick fitness and nutrition programs are especially tailored for optimum health. The forthcoming Healthy Chick books, film, and lifestyle program are a testament to the complete health experience Healthy Chick provides. And the website offers empowering information for Healthy Chicks of all ages. Don't miss the male counterpart at HealthyHunk.com.

➤ healthychick.com
➤ 760-796-7949

VEGNEWS DEAL:

Use coupon code "VegNews" for complimentary eco-friendly gift wrap plus a 10% discount



FASHION

Jewelry with a Conscience

Specializing in unique sterling silver jewelry, beautiful gemstones, crystals, and spiritual offerings, Zoe and Piper creates pieces for everyday wear and special occasions. The company is proud to donate a portion of its proceeds to animal sanctuaries and charities.

➤ zoeandpiper.com
➤ 480-654-3700



FOOD

World's Largest Online Vegan Store

VeganEssentials.com has you covered for all of your holiday shopping needs. The perfect place to buy cruelty-free gifts, you'll find non-leather footwear, delicious food and sweets, stylish belts, bags, wallets and accessories, shirts, vitamins and supplements, cosmetics, candles, and more. Worldwide shipping, low prices, and quick, friendly service make vegan shopping easy and fun for your holiday gift giving. Serving the vegan community since 1998, discover why VegNews readers voted Vegan Essentials their #1 online vegan store for the past seven years!

➤ veganessentials.com
➤ 866-88-VEGAN

VEGNEWS DEAL:

Use coupon code "VN" for free ground shipping on US orders by December 15



FOOD

Raw Vegan Fudge

The very first raw vegan fudge, Cloud 9 was inspired by the Swiss to create the tastiest raw chocolate on the planet. Made only using the highest quality ingredients, this superfood will nourish your heart, body, and mind. Three, six, and 12-month delivery subscriptions are available.

➤ cloud9rawchocolate.com





NON-PROFITS

The Ultimate Gift of Love

Animal Sponsorships are fantastic holiday gifts that keep on giving for the whole year. Your loved one will receive a photo and rescue story of their unique critter, and a warm fuzzy feeling knowing a needy farm animal is being helped on their behalf.

➤ woodstocksanctuary.org/vegnews
 ➤ 845-679-5955



NON-PROFITS

Treat Yourself to Good Health

Get certified by T. Colin Campbell Foundation's Online Certificate Program in Plant-Based Nutrition in just six weeks. Lectures are from experts in the field, and 30 CME credits are available. For more information and to register, visit ecornell.com/nutrition. Give the gift of good health!

➤ tcolincampbell.org



COOKBOOKS

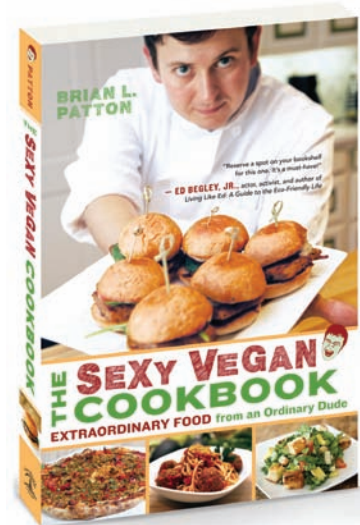
The Most Fun-to-Browse Vegan Cookbook Ever

Oprah made Meatless Mondays mainstream, Michael Pollan made conscious eating righteous, and Alicia Silverstone made veganism pretty. Now, YouTube cooking sensation Brian Patton makes vegan cooking real, accessible, and downright fun. Jam-packed with more than 100 inventive recipes that anyone can make, *The Sexy Vegan* offers everything from appetizers and mains to pasta, pizza, and desserts. This is the perfect book for the veg-curious or the veg-committed.

➤ newworldlibrary.com
 ➤ 800-972-6657 x52

VEGNEWS DEAL:

Use coupon code "VegNews" at checkout for \$5 off



PETS

Award-Winning Vegan Food for Happy, Healthy Dogs

Dick Van Patten's Natural Balance Vegetarian Formula is a true vegan food for adult dogs. Available in both dry and canned varieties, count on Natural Balance for complete and balanced nutrition for your beloved companion. Combine dry and canned to create a canine gift basket for your pooch-loving pals! Check out their website for a store locator or give them a call to find a retailer near you.

➤ naturalbalanceinc.com
 ➤ 800-829-4493

VEGNEWS DEAL:

Receive a \$2-off coupon on all Natural Balance Veggie Formulas at naturalbalanceinc.com/vegnews

