

VegNews

Food Lover's Tour of Thailand

with Vegan Travel Asia

October 9 to 20, 2026

If you love food and adventure, don't miss this extraordinary journey to Thailand with VegNews. An intimate group of readers will experience sumptuous vegan cuisine, the famous Phuket Vegetarian Festival, and the vibrant culture of this enchanting Asian country.

Trip highlights...

- Dine at Thailand's best vegan restaurants
- Meander through bustling produce markets
- Eat your way through a vegetarian festival
- Take vegan Thai cooking classes
- Explore the backstreets of Bangkok
- Visit an all-women vegetarian monastery
- Wander through a vegetarian market
- Travel by gondola through peaceful canals
- Island hop and snorkel in the Andaman Sea
- Visit a wildlife rehabilitation center
- Savor a BBQ on the Maeklong River
- Revel in a two-hour Thai massage
- And so much more!



Your hosts...



Colleen Holland
VegNews



Zac Lovas
Vegan Travel Asia



Kun Tippy
Vegan Travel Asia

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