

# VegNews

## Vegan Yoga Retreat to Mexico

October 20–27, 2018

If you've been searching for a blissful getaway filled with yoga, organic vegan food, and a gorgeous setting, this is the vacation for you. Join VegNews and renowned yoga instructor Jasmine Tarkeshi for 8 days of ultimate relaxation in the tropical paradise of Mexico.

### Trip highlights...

- Stay at a luxurious eco resort
- Take daily yoga classes
- Enjoy incredible local vegan cuisine
- Sip homemade aguas frescas
- Take a vegan cooking class with an expert chef
- Hike along the Pacific Ocean
- Linger over three-course candlelit dinners
- Join in scintillating evening fireside chats
- Relax by a bonfire with vegan s'mores
- Enjoy movie night and popcorn under the stars
- Spend lazy afternoons on the beach
- Receive a private yoga session
- Explore local shops and beaches
- Get a massage at the oceanfront spa



### Your trip hosts...



Colleen Holland  
VegNews



Jasmine Tarkeshi  
Laughing Lotus

Starts at  
**\$1,795**  
per person

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